

Kit List

Clothing

- Walking boots/ wellies
- Thick warm socks
- Sock liners (optional)
- Thermal vest
- Long sleeve top
- 2 fleeces/ jumpers (make sure to layer up)
- Gloves
- Jacket/coat (waterproof and windproof)
- Thermal long johns
- Trousers (track suit bottoms/ walking trousers/ jeans)
- Waterproof over-trousers (optional)
- Warm hat
- Warm scarf

Kit

- Sleeping bag
- Sleeping bag liner (optional)
- Waterproof survival bag (you can use this on top of your sleeping bag)
- Cardboard and/or plastic sheeting
- Torch
- Hand warmers (optional)

Extras

- 20ps to use the toilets at Alice Park
- Snacks or money for snacks and hot drinks from Alice park cafe



10th Big Bath Sleep-Out